



# Triple P - Positive Parenting Program®

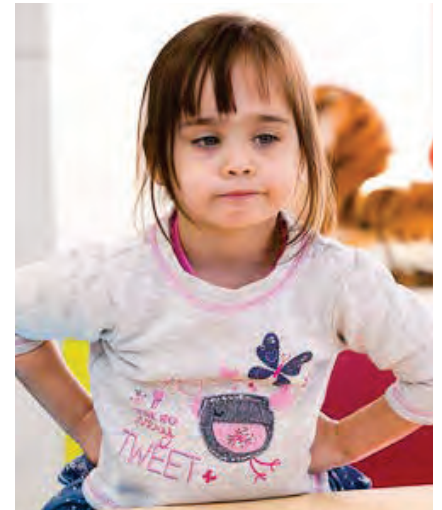
**A FREE program that teaches practical and effective ways to enhance family relationships and manage common child behaviour issues.**

## Who is this program for?

Parents, carers and/or grandparents of a child aged between 3 and 8 years.

## What is involved?

- **Seminar Series** – 90-minute talks on:
  - children's behaviour – the tough part of parenting
  - raising confident children
  - raising emotionally resilient children.
- **Discussion Group** – small, 2-hour groups:
  - misbehaving
  - fighting and aggression
  - bedtime routine
  - hassle-free shopping with children.
- **Group Triple P** – 8-week parenting course.



## Program details:

Seminar Series, Warwick Stadium  
Thursday's 9.30am - 11.30am  
5th, 12th and 19th November 2020

**BOOKINGS ARE ESSENTIAL**

Visit [www.healthywa.wa.gov.au/parentgroups](http://www.healthywa.wa.gov.au/parentgroups)

## How do I book?

Ask your child health nurse or visit [healthywa.wa.gov.au/parentgroups](http://healthywa.wa.gov.au/parentgroups).

**Coronavirus**  
update



To help us all stay healthy, please remember:

- Practise physical distancing.
- Do not attend if you are feeling unwell or need to self-isolate.

If you need to cancel your booking, contact the **Child Health Booking System** on **1300 749 869** (metro only).

## Please note:

Unless there is a crèche advertised, only babies under the age of 6 months can attend this group. However, we welcome babies who need breastfeeding during the session. **DO NOT** bring hot food and drinks for safety reasons.



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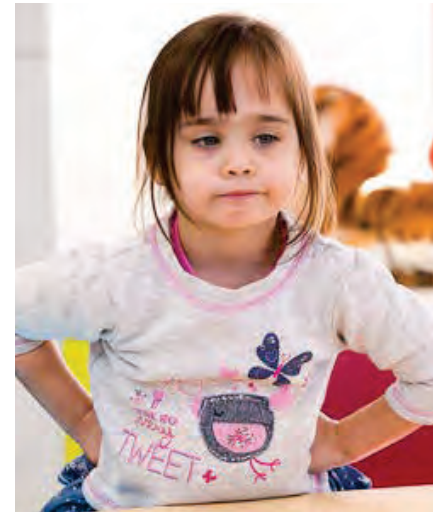
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## Program details:

Seminar Series, Floreat All Saints Uniting Church  
Tuesday's 9.30am - 11.30am  
10th, 17th and 24th November 2020

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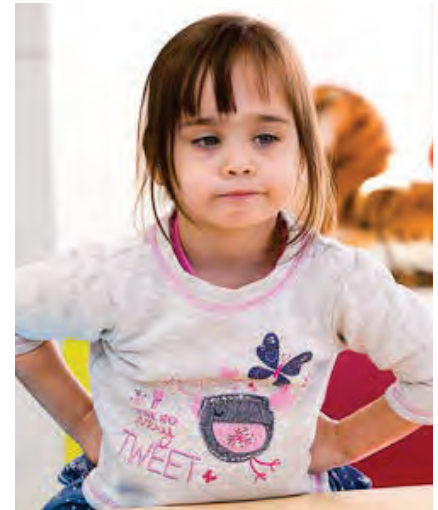
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## Program details:

Discussion Group, Warwick Stadium  
Wednesday 9.30am - 11.30am  
28th October 2020

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